

## **Purim tochnit, year 7-8 girls: woman leadership and beauty**

### **Introduction:**

We show the girls parts of the movies "Mulan" and "Shrek". In "Mulan" we show the part where she tries to become a bride but is a disgrace to her family. In "Shrek" we show the part where Fiona thinks she's ugly. Mulan – until 2:32

[http://www.youtube.com/watch?v=gxauz9wq9\\_l&feature=Playlist&p=417B576AEF89940F&index=1](http://www.youtube.com/watch?v=gxauz9wq9_l&feature=Playlist&p=417B576AEF89940F&index=1)

Shrek - a DVD.

**10 Min.**

**The girls are divided in to 5 groups that have about 10 girls per group**

**Each station will take 10 Min.**

**Station 1: Test yourself-** are you a leader/beautiful/both – **2 questionnaires**

- a. The students will get few pssukim (appendix 1) from the Megila about beauty and leadership and they will need to arrange them according to what is more important, what do they think helped Ester the most on a scale from 1-10. There can be more than one passuk on each number. At this point the madricha spreads on the floor the different pssukim and asks the girls to do so. There is no discussion yet.
- b. The girls need to add up the points in each test; the madricha will read the conclusion of what it means and open a discussion.
  - Did the test really reflect who you really are?
  - What do you think is your stronger side?
  - Are you satisfied with your results?
  - How does the order of the psukim reflect your opinion?

## **Station 2: The world's idols-**

we spread on the floor different pictures of female movie stars that haven't accomplished many meaningful things in their lives and pictures of famous women that have accomplished meaningful things in their lives such as: Rosa Parks, Madam Karri, Golda Meir, Hilary Clinton, Nechama Lebowich and more. We ask the girls to tell us all the information they know about these characters. We will see that they know A LOT about the movie stars but almost nothing at all about the other woman.

### **Discussion- on what does our society put more of an emphasis- beauty or leadership?**

- How do you know so much about these movie stars?
- What is so interesting about them? What makes you want to know information about their life?
- If you would have next to you the "woman's weekly" magazine and the Rosa Parks biography book, what would you choose to read? Why?
- What does that say about us?
- What does each character represent? (beauty/leadership-accomplishments)

### **Station 3: Beauty inside out-**

We show the girls a few commercials where you see a pretty girl that doesn't really have anything to do with the product being sold).

<http://www.youtube.com/watch?v=EtUbxj77Hnk>

<http://www.youtube.com/watch?v=7bDvej2Vj20>

After that we spread on the floor cards that have on them pictures of 6 or 7 woman- some pretty and some not, 6 or 7 jobs- some good and some not, number of children, names- some nice and some not, neighbourhood etc.

Name:	Age:	Home:	Children:	Job:
Jessica	68	Toorak	9	Lawyer
Michaela	73	Yishuv in Israel	5+ dog	Mother
Sarah	37	Howitt Rd	17	Model
Jade	3	Footscray	6	Housewife
Pessy	18	Manhattan	0	Doctor
Chaya Mushka	25	Hollywood	1	Secretary
Nancy	13	Small flat	0	Teacher
Bessie	30	India	2+ fish	TV presenter

The girls need to organize the cards according to how they think it really is. They will probably put a pretty girl with a nice name and good job etc. where did we get that kind of thinking from?

We will then show the girls the picture that is the old woman and young woman in one face. (Appendix 2)

- Why did u organize the cards the way you did?
- What does the commercial show?
- What does the model have to do with the product she is advertising?
- How did the commercial affect the way you set the cards?
- How did we get to the point where beauty defines who we are and what we are worth?
- What can we learn from the picture of the old and young ladies?
- So can we see from this that if there are two people with the exact same abilities, the pretty one will be chosen?
- We can see this idea (that women are more that external looks) from Vashti's actions. Why did vashti refuse to come to the men's side? What point is she trying to make?

✓ להביא את-ושתי המלכה, לפני המלך--בכתר מלכות: להראות  
 העמים והשרים את-יפיה, כי-טובת מראה היא. **ב** ותמאן  
 המלכה ושתי, לבוא בדבר המלך

To bring Vashti the queen before the king with the crown royal,  
 to show the peoples and the princes her beauty; for she was  
 fair to look on. 1,12 But the queen Vashti refused to come at  
 the king's commandment by the chamberlains; therefore was the king very  
 wroth, and his anger burned in him. {S} 1,13.

- Why does ester refuse to do anything that might help the way she looks? What does this show us?

✓ ובהגיע תר נערה ונערה לבוא אל-המלך אחשורוש, מקץ היות לה  
 כדת הנשים שנים עשר חדש--כי כן ימלאו, ימי מרוקיהן: ששה  
 חדשים, בשמן המר, וששה חדשים בבשמים, ובתמרוקי הנשים.

Now when the turn of every maiden was come to go in to king Ahasuerus,  
 after that it had been done to her according to the law for the women, twelve  
 months-- for so were the days of their anointing accomplished, to wit, six  
 months with oil of myrrh, and six month with sweet odours, and with other  
 ointments of the women--

✓ ובהגיע תר-אסתר בת-אביחיל דד מרדכי אשר לקח-לו לבת לבוא  
 אל-המלך, לא בקשה דבר--כי אם את-אשר יאמר הגי סריס-  
 המלך, שמר הנשים; ותהי אסתר נשאת חן, בעיני כל-ראיה.

Now when the turn of Esther, the daughter of Abihail the uncle of  
 Mordecai, who had taken her for his daughter, was come to go  
 in unto the king, she required nothing but what Hegai the king's  
 chamberlain, the keeper of the women, appointed. And Esther  
 obtained favour in the sight of all them that looked upon her.

- Is esters beauty a good thing? (it was what enabled her to save the Jews in the end)

✓ **ב** ויהי כראות המלך את-אסתר המלכה, למדת בחצר--נשאה חן,  
 בעיניו; ויושט המלך לאסתר, את-שרביט הזהב אשר בידו,  
 ותקרב אסתר, ותגע בראש השרביט.

5,2 And it was so, when the king saw Esther the queen standing in the court,  
 that she obtained favour in his sight; and the king held out to Esther the  
 golden sceptre that was in his hand. So Esther drew near, and touched the  
 top of the sceptre.

- Is beauty just negative?
- What is the balance we need between beauty and leadership?

#### **Station 4: leadership types**

Four girls are chosen to act four different type of people:

- ✓ The popular one- cares mostly about her looks.
- ✓ The nerd one.
- ✓ The quite one.
- ✓ The rebellious one.

Each girl presents her character and the rest of the girls need to vote on who they would choose to lead their country. We ask the girls why her and what defines a leader. This shows the girls that almost anyone can be a leader; all you need is the right balance between the different characteristics- compare to queen Ester.

- Why did u choose her to lead?
- Can the rest of the girls do the job as well?
- Is she the ultimate leader?
- What does a leader need? What characteristics does a leader have?
- What characteristic can we use from each girl?
- Do we as individuals have the right characteristics to be leaders?
- Was queen Ester born a leader?
- What caused queen Ester to take initiative and become a leader?
- What does that teach us about ourselves?

At this point the madricha shows the process ester went through as when she needed to take action.

- **יא** כָּל-עֲבָדֵי הַמֶּלֶךְ וְעַם-מְדִינֹת הַמֶּלֶךְ יֹדְעִים, אֲשֶׁר כָּל-אִישׁ וְאִשָּׁה אֲשֶׁר יָבֹא-אֶל-הַמֶּלֶךְ אֶל-הַחֲצַר הַפְּנִימִית אֲשֶׁר לֹא-יִקְרָא אַחַת דָּתוֹ לְהִמִּית, לְבַד מֵאֲשֶׁר יוֹשִׁיט-לוֹ הַמֶּלֶךְ אֶת-שֵׁרְבִיט הַזָּהָב, וְחָיָה; וְאֲנִי, לֹא נִקְרָאתִי לָבוֹא אֶל-הַמֶּלֶךְ--זֶה, שְׁלוֹשִׁים יוֹם.

All the king's servants, and the people of the king's provinces, do know, that whosoever, whether man or woman, shall come unto the king into the inner court, who is not called, there is one law for him, that he be put to death, except such to whom the king shall hold out the golden sceptre, that he may live; but I have not been called to come in unto the king these thirty days.'

★ **ותאמר אסתר**, להשיב אל-מרדכי. **טז** לך כנוס את-כל-היהודים הנמצאים בשושן, וצומו עלי ואל-תאכלו ואל-תשתו שלשת ימים לילה ויום--גם-אני ונערתי, אצום כן; ובכן אבוא אל-המלך, אשר לא-כדת, וכאשר אבדתי, אבדתי.

Then Esther bade them return answer unto Mordecai: 4,16 'Go, gather together all the Jews that are present in Shushan, and fast ye for me, and neither eat nor drink three days, night or day; I also and my maidens will fast in like manner; and so will I go in unto the king, which is not according to the law; and if I perish, I perish.'

★ **אם-מצאתי חן בעיניך המלך**, ואם-על-המלך טוב: תנתן-לי נפשי בשאלתי, ועמי בבקשתי. **ד** כי נמכרנו אני ועמי, להשמיד להרוג ולאבד; ואלו לעבדים ולשפחות נמכרנו, החרשתי--כי אין הצר שנה, בגזק המלך.

Then Esther the queen answered and said: 'If I have found favour in thy sight, O king, and if it please the king, let my life be given me at my petition, and my people at my request; 7,4 for we are sold, I and my people, to be destroyed, to be slain, and to perish. But if we had been sold for bondmen and bondwomen, I had held my peace, for the adversary is not worthy that the king be endamaged.'

Station 5: make overs

The girls are divided into two groups with 5 girls per group. Each group gets a long paper the size of a real person. They need to draw around one of the girls and then draw and colour her in so she is the prettiest "model". The madricha will choose the wining team.

Then each girl decorates a cookie/muffin. We don't need to be on a diet all day!!!!!! ☺

## **Conclusion – all students return to MPR :**

We show the girls the part of Mulan where she saved the whole nation and everyone bows down to her until 2:11 minutes -

<http://www.youtube.com/watch?v=gBH8Coau3Bo&feature=Playlist&p=417B576AEF89940F&index=8>

In Shrek the scene in the end where Shrek and Fiona get married and she is supposed to turn beautiful and Shrek tells her she is beautiful.

Points for discussion:

- How do these movies reflect what we learned today?
- What new things did we learn?

We need for this tochnit:

1. A scale from 1-10
2. Pictures of movie-stars and famous women
3. Psukim about beauty and leadership
4. Test yourself sheets
5. Computer+ projector
6. Picture of old/young women
7. Table (טבלה) on big paper+ cards with people and their details.
8. 20 huge pieces of paper.
9. Tekstas, magazines, glue, colour paper, panda,
10. Cookies+ cookie decorations.

## Psukim for station number 1:

### Beauty:

- טו ובהגיע יתר-אסתר בת-אביחיל דד מרדכי אשר לקח-לו לבת לבוא אל-המלך, לא בקשה דבר--כי אם את-אשר יאמר הגי סריס-המלך, שמר הנשים; ותהי אסתר נשאת חן, בעיני כל-ראיה.
  - א ויהי ביום השלישי, ותלבש אסתר מלכות, ותעמד בחצר בית-המלך הפנימית, נכח בית המלך; והמלך יושב על-כסא מלכותו, בבית המלכות, נכח, פתח הבית.
  - ב ויהי כראות המלך את-אסתר המלכה, לעמדת בחצר-נשאה חן, בעיניו; ויושט המלך לאסתר, את-שרביט הזהב אשר בידו, ותקרב אסתר, ותגע בראש השרביט.
  - יא להביא את-ושתי המלכה, לפני המלך--בכתר מלכות: להראות העמים והשרים את-גפיה, כי-טובת מראה היא.
  - ג ויפקד המלך פקידים, בכל-מדינות מלכותו, ויקבצו את-כל-נערה-בתולה טובת מראה אל-שושן הבירה אל-בית הנשים, אל-יד הגא סריס המלך שמר הנשים; ונתון, תמרקיהו.
  - ז ויהי אמן את-הדסה, היא אסתר בת-דדו--כי אין לה, אב ואם; והנערה יפת-תאר, וטובת מראה.
  - ותלקח אסתר אל-בית המלך, אל-יד הגי שמר הנשים.
  - ט ותיטב הנערה בעיניו, ותשא חסד לפניו, ויבהל את-תמרוקיה ואת-מנותה לתת לה, ואת שבע הנערות הראיות לתת-לה מבית המלך; וישנה ואת-נערותיה לטוב, בית הנשים.
- 15 Now when the turn of Esther, the daughter of Abihail the uncle of Mordecai, who had taken her for his daughter, was come to go in unto the king, she required nothing but what Hegai the king's chamberlain, the keeper of the women, appointed. And Esther obtained favour in the sight of all them that looked upon her.
- 1 Now it came to pass on the third day, that Esther put on her royal apparel, and stood in the inner court of the king's house, over against the king's house; and the king sat upon his royal throne in the royal house, over against the entrance of the house.
- 2 And it was so, when the king saw Esther the queen standing in the court, that she obtained favour in his sight; and the king held out to Esther the golden sceptre that was in his hand. So Esther drew near, and touched the top of the sceptre.
- 11 to bring Vashti the queen before the king with the crown royal, to show the peoples and the princes her beauty; for she was fair to look on.
- 3 and let the king appoint officers in all the provinces of his kingdom, that they may gather together all the fair young virgins unto Shushan the castle, to the house of the women, unto the custody of Hegai the king's chamberlain, keeper of the women; and let their ointments be given them;
- 7 And he brought up Hadassah, that is, Esther, his uncle's daughter; for she had neither father nor mother, and the maiden was of beautiful form and fair to look on;
- 8 Esther was taken into the king's house, to the custody of Hegai, keeper of the women.
- 9 And the maiden pleased him, and she obtained kindness of him; and he speedily gave her her ointments, with her portions, and the seven maidens, who were meet to be given her out of the king's house; and he advanced her and her maidens to the best place in the house of the women.





## Leadership:

• טז לך כְּנוֹס אֶת-כָּל-הַיְהוּדִים הַנִּמְצָאִים בְּשׁוּשָׁן, וְצוּמוּ עָלַי וְאֶל-תֹּאכְלוּ וְאֶל-תִּשְׁתּוּ שְׁלֹשַׁת יָמִים לַיְלָה וַיּוֹם--גַּם-אֲנִי וְנַעֲרֹתַי, אֲצוּם כֹּן; וּבְכוֹן אָבוֹא אֶל-הַמֶּלֶךְ, אֲשֶׁר לֹא-כַדָּת, וְכִאֲשֶׁר אֲבַדְתִּי, אֲבַדְתִּי.

• ד וַתֹּאמֶר אֶסְתֵּר, אִם-עַל-הַמֶּלֶךְ טוֹב--בָּוֹא הַמֶּלֶךְ וְהַמֶּן הַיּוֹם, אֶל-הַמִּשְׁתֶּה אֲשֶׁר-עָשִׂיתִי לוֹ.

• ג וַתַּעַן אֶסְתֵּר הַמַּלְכָּה, וַתֹּאמֶר--אִם-מִצְאֵתִי חַן בְּעֵינֶיךָ הַמֶּלֶךְ, וְאִם-עַל-הַמֶּלֶךְ טוֹב: תִּנְתֶּן-לִי נַפְשִׁי בְּשִׂאלָתִי, וְעַמִּי בְּבִקְשָׁתִי.

ד כִּי נִמְכַרְנוּ אֲנִי וְעַמִּי, לְהִשְׁמִיד לְהַרוֹג וּלְאַבֵּד; וְאֵלּוּ לְעַבְדִּים וּלְשִׁפְחוֹת נִמְכַרְנוּ, הִחַרְשֵׁתִי--כִּי אֵין הַצָּר שׁוּהָ, בְּנִזְקַת הַמֶּלֶךְ. {ס}

• ג וַתּוֹסֵף אֶסְתֵּר, וַתִּדְבֹר לִפְנֵי הַמֶּלֶךְ, וַתִּפֹּל, לִפְנֵי רַגְלָיו; וַתִּבְדֹּךְ וַתִּתְחַנֵּן-לוֹ, לְהַעֲבִיר אֶת-רָעַת הַמֶּן הָאָנְגִי, וְאֶת מַחֲשַׁבְתּוֹ, אֲשֶׁר חָשַׁב עַל-הַיְהוּדִים.

• יג וַתֹּאמֶר אֶסְתֵּר, אִם-עַל-הַמֶּלֶךְ טוֹב--יִנְתֶּן גַּם-מָחָר לַיְהוּדִים אֲשֶׁר בְּשׁוּשָׁן, לַעֲשׂוֹת כְּדַת הַיּוֹם; וְאֵת עֲשָׂרַת בְּנֵי-הַמֶּן, יִתְלוּ עַל-הָעֵץ.

16 'Go, gather together all the Jews that are present in Shushan, and fast ye for me, and neither eat nor drink three days, night or day; I also and my maidens will fast in like manner; and so will I go in unto the king, which is not according to the law; and if I perish, I perish.'

4 And Esther said: 'If it seem good unto the king, let the king and Haman come this day unto the banquet that I have prepared for him.'

3 Then Esther the queen answered and said: 'If I have found favour in thy sight, O king, and if it please the king, let my life be given me at my petition, and my people at my request;

4 for we are sold, I and my people, to be destroyed, to be slain, and to perish. But if we had been sold for bondmen and bondwomen, I had held my peace, for the adversary is not worthy that the king be endamaged.' {S}

3 And Esther spoke yet again before the king, and fell down at his feet, and besought him with tears to put away the mischief of Haman the Agagite, and his device that he had devised against the Jews.

13 Then said Esther: 'If it please the king, let it be granted to the Jews that are in Shushan to do to-morrow also according unto this day's decree, and let Haman's ten sons be hanged upon the gallows.'

Appendix 2



<http://amazing.up.co.it>

### Appendix 3 – test yourself - beauty

You baby sat your neighbours child, what will u do with the money?

1. Go buy make-up and nail polish
2. Save it for when u might need it in the future.
3. Go buy a comic book

You go out to eat with your friends, what will you get to eat?

1. A salad with brown bread and orange juice.
2. Whatever they get
3. A burger with chips and coke.

You watch a movie, what will you see?

1. Legally Blond
2. Finding Nemo
3. Star Wars

You hang out with your friends, what would you choose to do?

1. A makeover to one of the girls
2. Watch TV
3. Play soccer

Your sister is getting married, how long will it take you to find a dress?

1. Forever! I'm going to start looking the minute I find out about it!
2. I will start looking when my friends have time to go with me.
3. What is the big deal? Maybe a week before.

You walked down the street and saw a pair of amazing shoes; the thing is they are VERY expensive. What will you do?

1. I'll spend all my money on them!
2. I'll ask my mum if she will split the money with me and if not I just won't get them.
3. I'll find different shoes for cheaper.

You walk into a room full of people, what is the first thing you will notice?

1. What dress each woman is wearing
2. Where your friends are
3. How cramped the room is.

All your school uniforms are dirty, what will you do?

1. Not come to school! I can't wear a dirty uniform!
2. Wash it quickly in the sink
3. Wear a dirty one for one day, it won't hurt anyone!

The prettiest boy asks you out, you know he is mean to many kids in school, what will you do?

1. Say "yes"! He's gorgeous!
2. Say "no" politely
3. Say "no" and explain to him exactly why.

Your mum wears a horrible dress, what will you do?

1. Tell her and never walk anywhere near her.
2. Keep it to myself but try to stay away as much as I can
3. What do I care? Let her wear whatever she wants!

If you got between 10-17:

Beauty is a very important part of your life. The way you and the people around you look is critical in your opinion. You would rather spend more time in front of a mirror than anywhere else.

If you got between 18-25:

You care about the way you look but it is not what your life is all about. You don't really care if you are not the centre of attention but you will always look nice enough. You have a good balance between beauty and other things in life.

If you got between 26-30:

You don't care about the way you look. You would rather just live your life and have fun, not caring what other people think. You are all about "do what makes you feel good".

## Appendix 4 – test yourself – leadership

### Test yourself- Are you a leader?!

1. Your school decided to change the school uniform for worse.  
What you would you do?
  - 1) Convince the majority of students to demonstrate against the decision.
  - 2) Decides to go talk to the principal about it but never get around to really doing it.
  - 3) Get angry about the decision but the next day show up wearing the uniform.
  
2. Children in your class decide to boycott one of the kids in your class.  
What you would you do?
  - 1) Explain to them that it's not nice and get them to stop the boycott.
  - 2) You protect the kid every time someone insults him but it does not help.
  - 3) In the inside, you feel sorry for him but you're not really doing anything about it.
  
3. You go to a party where you don't know anyone except one friend.  
what would you do?
  - 1) You talk to everyone, tell them jokes and by the end of the evening you become the star of the party.
  - 2) Dance and try to meet new people.
  - 3) Sit and wait for your friend to leave.
  
4. Do you really care about things that happening around you?
  - 1) I will always take care of others before I take care of myself.
  - 2) If I am not doing anything else I might as well help others
  - 3) What do you mean take care of others?
  
5. Your teacher writes a question on the blackboard and you know the answer. What would you do?
  - 1) You get up and walk to the front of the class, solving the question, adding a detailed explanation.
  - 2) You would tell the answer to a friend sitting next to you and tell him to go to the blackboard instead of you.
  - 3) Keep the answer to myself. It is too embarrassing to go to the front of the class.

6. Your friends offer a suggestion but you do not agree with them.

What would you do?

- 1) You would listen to their advice, consider again the things and in the end try to make a decision that will be good for everyone.
- 2) Just do what they want, I have no power to insist and argue.
- 3) We will do just what I want!

7. The sports captain is looking for a new member for the team.

What would you do?

- 1) You will volunteer and become in charge of everything
- 2) If no one else volunteers, you will volunteer.
- 3) What do you want from me?

8. **Are you scared to speak in front of people?**

- 1) Never, I look forward to it.
- 2) It depends on the situation
- 3) Always

9. **If you fail at a task, you do the following:**

- 1) Ask your supervisor or teacher for an option to improve your performance.
- 2) Work harder in other areas to compensate
- 3) Just accept that you are not capable of this type of task

If you got between 0-12 points:

No doubt, you are a leader! Everyone listens to you and believes that you will do the right thing. People trust you and even when it seems impossible you will not give up and you will do something and make a change.

You are responsible, charismatic and moral. By the way, did you ever think of running in the next election?!

If you got between 12-21 points:

You have a lot of potential to be a leader, a very good one. You know how to make a good decision and you show that you have lots of knowledge. It is too bad that you are not using your skills and just "go with the flow". If the leader had a deputy it will be probably you! You have good ideas and you let others to the work instead of you. Sometimes you try to influence on others but you failed.

You have to stop being insecure! Start planning things on your own! You can do more than you think!

If you got between 21-27 points:

You are not a leader at all. It's o.k to be like everyone else but it will be better if you take a little bit of initiative. You should start thinking outside the square. You can do more! Even if you say your opinion out loud, you don't have to always argue about it! Try to listen to other people too.